

PROGRAMS BY SYLVIA MENDOZA

LATINA!

Sylvia Mendoza shares stories about Latina women who have made significant contributions in the arts, politics, science, and history. She discusses how throughout history, Latina women have blazed trails that continue to provide an inspirational beacon for today's girls and women to realize their own dreams and make a difference in the world. She celebrates women who make a difference.

Women's Studies, ESL, Middle & High School, Girls

WRITING WOMEN BACK INTO HISTORY

Where are the women in our history books? Women are not getting enough recognition/ credit for their contributions to our society. Hear true-life stories of amazing women and their very personal struggles to make the world they lived in and loved, a truly better place. Discover how trailblazing Latinas became first in their fields, saved lives, changed their worlds—and impacted our history...creating the paths for us to follow our own dreams.

Some popular programs include:

- ❖ Latinas: Unsung Heroines
- ❖ Latinas Who Changed The World
- ❖ Celebrate Women Who Made a Difference
- ❖ Empowering Women

Women, Teen Girls, Women's Groups, Middle & High School, ESL

INSPIRATIONAL LATINAS

Never underestimate your power as a woman!

Hear true-life stories of amazing women and their very personal struggles to break down barriers and soar past stereotypes. Learn about the hardships and victories of Ynez Mexia (age), Ellen Ochoa (gender), Rita Moreno (background); Julie Stav (language), and Dr. Vicki Ruiz (education). Let these women inspire you to step out of your world, crash through comfort zones, and find your own personal success. Discover that you are never too young or too old to begin building the life of your dreams.

Some popular programs include:

- ❖ Girl Power: Be Anything You Want to Be
- ❖ Face Your Demons, Find Your Path
- ❖ Second Chances: Reinventing Yourself

ABOUT SYLVIA MENDOZA:

Latina journalist Sylvia Mendoza is an advocate for the promotion of diversity, literacy, and women's empowerment through education. Sylvia is the author of *The Book of Latina Women: 150 Vidas (Lives) of Passion, Strength and Success*, an important historic perspective on Latinas who have made significant contributions in the arts, politics, science, and history. Sylvia's workshops and programs motivate and inspire Women's & Multi-cultural Studies programs, clubs and associations for girls and women, and students writers, educators and librarians. As a featured speaker for the National Women's History Project, Sylvia has appeared on **C-Span's Book-TV** to share true stories about amazing Latinas and their very personal struggles to make the world they lived and loved a truly better place.